

Health Wellness Disparity Council

Objectives

- Bridge disparities in underserved populations to attain health equity by bringing resources to those that may have fallen through the cracks.
- Collaborate with healthcare providers and systems on cultural competency to better serve patients with diverse cultural, social, and linguistic backgrounds.
- Bringing together various disciplines (clergymen, politicians, advocacy groups, governmental agencies, and other stakeholders) serves as promoters of health education.
- Provide education to address prevention and management of various diagnoses disproportionately affecting disadvantaged communities (i.e., diabetes, heart disease, high blood pressure, etc.) to improve quality of life for all.



Middle Georgia Community Impact

Inequities in health determinants such as socio-economic status, quality education, and healthcare access and utilization put racial and ethnic minorities at a disproportionately increased risk of poor health outcomes.

There is an opportunity to implement strategic, sustainable, and tailored initiatives to the needs of the most vulnerable communities to improve opportunities for all.



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One of the "Four Pillars" of the 100 Black Men of America Inc. is "Health and Wellness". Looking after one's health contains several components which are:

- Mental Health,
- Nutrition and
- Physical health

Individuals tend to focus on physical health and in many cases ignore mental and nutritional health.

The 100 Black Men of America is focusing on all three elements. As dedicated community leaders, we are looking to team up with mental health providers to advocate for more services and push to reduce the stigma around these issues.



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Current COVID Impact

The history of racism itself is a pre-existing condition.

When cities began to shut down, more people of color served as essential workers on the front lines of transmission risk.

Years of housing discrimination have historically placed POC in dense neighborhoods often located in food deserts. Lack of essential nutrients and healthy diets lead to diabetes, cardiovascular disease, and high risks of severe COVID-19.

Inadequate Federal funding and mobilization left behind the most vulnerable communities. Macon's first mass vaccine site opened on February 22nd, almost six weeks after locations opening in Metro Atlanta.

Our mission is to close the health and wellness disparity by shrinking the digital divide due to limited access to the internet and reliable medical resources within the Middle-Georgia community.